



Please be sure to follow me  
on Twitter

@BensonTechPride

Stay up to date with school  
wide events by visiting our  
School Calendar at  
[www.bensonhs.net](http://www.bensonhs.net)

#### Athletics

Please see the attached Athletic  
Calendar for this week's athletic  
events.

#### Flex Schedule This Week

*Thursday February 14th Flex A  
Tutorial from 2:23pm-3:15pm*

*Friday February 15th Flex B  
Tutorial from 2:23pm-3:15pm*

*No School:*

*Monday February 18th 2019*

*Presidents Day*

February 11th 2019

### PPS Successful School Survey

Dear Parents/Guardians,

Please take a moment and participate in our District wide Successful Schools Family Survey if you haven't already done so as your responses will help the Benson Tech Administration team understand your experiences regarding the climate and culture of the school and we will use this information to set goals and plan for the next school year. The survey will cover topics on school safety, school climate, barriers to family engagement, and how well Benson Tech fits your student's needs. Please be honest and thoughtful, and take your time to read and respond to the questions. This survey is critical to PPS and Benson Tech as we continue to grow, learn and adapt to make sure Benson Tech is supporting the needs of all students and staff within the building.

Please visit the link below on a computer, tablet, or smartphone and select Benson Tech as the school utilized by this survey. Choose the language that you are most comfortable with in taking the survey from the drop down menu and proceed. **This survey is only available from February 4th to March 1st 2019.** If you do not have access to a computer or internet, please contact the school office so that we can provide a way for you to take the survey. Thank you so much for your time and feedback!

<http://surveys.panoramaed.com/portlandor/ppsfamily>

*Principal Wilson*

### A Message from Benson's Digital Media Program

Benson's Yearbook staff has been working hard to capture the spirit of the 2018-19 school year! If you're interested in ordering the Benson Yearbook, please stop by the bookkeeper's office to place your order. The cost is \$50 this year.

Thank you,

Benson Yearbook Staff

**Kristen Henderson**

**Digital Media Production**

## A Message from Benson's AP Coordinator Megan Hill

### AP Exam Registration:

Please note that the window to register for an Advanced Placement (AP) exam is open from now until February 15. Here is the link to register: <https://aptestservice.com/pps/>

This link also provides important registration and exam details.

In their AP class, your student received, or will receive soon, instruction on how to register for their AP exam. Except for the AP Japanese and AP Chinese exams, all AP exams will be hosted at the Portland Expo Center, 2060 N. Marine Drive, Portland, OR 97217- conveniently located on the Tri-Met MAX Yellow Line.

Students also received, or will soon receive, the Bulletin for AP Students and Parents from the College Board detailing test administration policies, a student checklist, getting ready for exam day, and the 2019 exam schedule.

Please contact Megan Hill at [mhill2@pps.net](mailto:mhill2@pps.net) if you have any questions.

***Megan Hill***

***Social Studies Teacher/AP Coordinator  
Benson Polytechnic High School***

***Phone: 503-916-5100 ext. 77167***

## A Message from the Benson HOSA Department

Benson HOSA-Future Health Professionals is hosting a blood drive in partnership with Bloodworks Northwest on February 14th in the New Gym from 8am to 2pm. One donor can save 3 lives. We saved 145 local lives during our last blood drive! All blood collected is used to supply local hospitals such as Legacy and Providence. Please join us in saving lives by coming to donate on Feb. 14th.

Thank you!

***K. Nicole Kennedy, LPN***

**Health Science Instructor**

**Black Student Union Adviser**

**TAG Facilitator**

**Benson Alumni c/o 2003**

### **A Message from Benson's Athletic Director Scott Archer**

You can now register your student for spring sports.

To be cleared, two things must happen:

1. Current physical needs to be on file in the Benson Athletic office.
2. Complete online registration by parent/guardian at: <https://www.familyid.com/programs/benson-hs-2019-spring-sports-registration>

Even if you played a fall or winter sport, please still indicate interest in a spring sport. We don't know your student is interested in a spring sport until FamilyID is updated.

Also, Physicals expire throughout the year. Even if your student was cleared in fall or winter, that does not mean their physical is still valid come February 25 (first day of practice).

Physicals are good for two calendar years. Your student can stop by the athletic office (RM 104) anytime to ask about their physical expiration date.

Physicals can be completed at the Benson Wellness Center.

***Scott Archer***

### **A Message from Benson's Career Coordinator Miranda Ryan**

Please be sure to open up the attached link to access this week's Career Newsletter

***Miranda Ryan***

### **A Message from Benson Tech Counselor Amy Henry**

Need to recover credit? Pre-registration for evening scholars is now open. Please see your counselor ASAP to pre-register. For more information about evening scholars please go to the district website at: <https://www.pps.net/Domain/92>.

***Amy Henry***

## **A Message from Benson's Wellness Center Coordinator Caroline Bleckmann**

Dear Benson families: FYI about a resource currently offered. If you are interested in your child accessing this service, please contact Caroline Bleckmann at [cbleckmann@pps.net](mailto:cbleckmann@pps.net) or call 503-916-5151 ext. 77981.

DePaul Treatment Centers has partnered with Benson High School to provide substance abuse counseling to students on location at Benson High School. The DePaul school-based counseling will give students a basic understanding of how the progressive nature of drug dependence can affect neurological development. Students will work alongside a state certified alcohol and drug counselor to build a personalized relapse prevention plan which will identify motivation for change, high-risk situations and triggers associated with substance use, and give the student lifelong coping skills.

Kind Regards,

***Caroline Bleckmann, LCSW***

***She/Her pronouns***

***Wellness Coordinator/Social Worker***

***Benson Wellness Center***

***503-916-5151 ext. 77981***

## A Message from the AVID/College Coordinator Sherree Thomas-Coleman

### Upcoming College Visits/Events

2/21 Clark College (during lunch - Counseling Center)

### Financial Aid Workshops

If you have not applied for financial aid (grants) for college yet and need assistance, please plan to attend one of the workshops below. Get help with FAFSA/ORSAA, the Oregon Promise, OSAC, and more.

- 2/28 (Counseling Center during flex)

### Oregon Student Aid

To learn more about Oregon's grants and scholarships visit: <https://oregonstudentaid.gov/scholarships-timeline-deadlines.aspx>

### Testing

Official ACT Test **April 13th** (Deadline to register March 8th): To register visit: <http://www.act.org/content/act/en/products-and-services/the-act/registration.html>

Official SAT Test **March 9th** (Deadline to register February 8th): To register visit: <https://collegereadiness.collegeboard.org/sat/register/dates-deadlines>

**Note:** PPS will be administering the **ACT** examination to all juniors on **February 20th** free of charge. Students will complete registration at Benson.

### Test Prep Workshops

*Juniors, don't miss an opportunity to improve your performance on the ACT!*

**ACT preparation workshops will be held in the band room on the following dates:**

- 02/15 Session III: Skill Building (Math Strategies)

Contact Ms. Ilsa Bruer for more details about the test prep sessions at [ibruer@pps.net](mailto:ibruer@pps.net).

## More Information from our AVID/College Coordinator Sherree Thomas-Coleman

### **SAT preparation workshops:**

Oregon Episcopal School is hosting SAT Test Prep classes for the March 9, May 4, and June 1 SAT exams. To register, please follow this [LINK](#).

### **ACT vs SAT: Which test is right for you?**

To learn more visit: <https://www.princetonreview.com/college/sat-act>

For *free* test prep resources visit the Khan Academy website at <https://www.khanacademy.org/sat>, Multnomah County Library website at <https://multcolib.org/resource/learningexpress-library> and/or [Number2.com](http://www.number2.com) website at <http://www.number2.com/>

### Smarter Balanced Assessment (SBA) Schedule

ELPA: Starting mid-February

English Language Arts: April 10th

Math: May 2nd

Science: May 20th - 21st

### Get College and Scholarship Information on Your Phone!

Parents and students don't miss out on important scholarship deadlines and college information. Subscribe to "**Remind**" today! Simply send a text from your mobile device today to start receiving up-to-date information.

Text the following:

To: 81010

Message: @urcollege

### Need \$\$\$ or college?

**For more information on college visits, scholarships and more, visit our website:** BPHS College News at <https://sites.google.com/apps4pps.net/bphsco>

### **Sherree Thomas-Coleman, PhD**

College Counselor/Program Coordinator (AVID)

Testing Coordinator

Office: 503-916-5100 Ext. 77261